

LOC 2009				
M55, M16, W40, W45, W18				
Course 6		6.1 km		185 m
	▷	↗ ↘ ↙ ↚		
1	122	∩		
2	155	⊗		↻
3	158	▲	0.5	↻
4	159	↗ ↘		⊗
5	162	∪		
6	169	▲	0.5	⊗
7	170	→	▲	
8	124	⊙		↻
9	180	→	●	↻
10	181	▲	0.5	⊗
11	187	∪		
12	113		⊕	↻
13	182	→	▲	0.5
14	183		⋮	
15	184		∇	
16	151	↻	∪	
17	185		●	↻
18	114		□	
19	109	↗ ↘		

